



Color Code Description:		
Global	National / Local	Regional / National

Sr. No.	GA No.	Graduate Attributes	PO No.	Programme Outcomes
1	GA1	Scholarship: research, inquiry and lifelong learning	PO6	Be able to identify gaps in knowledge and conduct empirical research which will contribute to the field of mental health
2	GA1	Scholarship: research, inquiry and lifelong learning	PO7	Be able to predict the impact of global advancements on mental health and modify their practice accordingly
3	GA2	Global citizenship: ethical, social and professional understanding	PO9	Be able to apply positive psychology attributes to create a thriving, resilient community through their active participation

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1	SEM I	0401230101 - PP	TH4375	Psychological and Socio-Cultural Determinants of Mental Health	CO1	Analyze the inter and intra personal psychological factors that influence mental health	Strong-H	Weak-L	Strong-H	Moderate-M	Moderate-M	Strong-H	Strong-H	Strong-H	Strong-H	Moderate-M
1					CO2	Understand the core concepts and theories for psychological and socio-cultural determinants of mental health	Strong-H	Weak-L	Strong-H	Weak-L	Moderate-M	Moderate-M	Strong-H	Strong-H	Strong-H	Moderate-M
1					CO3	Evaluate the socio-economic-cultural-environmental factors influencing mental health and understanding the interrelationship between them.	Strong-H	Weak-L	Strong-H	Weak-L	Moderate-M	Moderate-M	Strong-H	Strong-H	Strong-H	Moderate-M
1					CO4	Analyze current and future Research trends for psycho-socio-cultural determinants of mental health.	Strong-H	Weak-L	Moderate-M	Weak-L	Moderate-M	Strong-H	Strong-H	Strong-H	Moderate-M	Moderate-M
2	SEM I	0401230102 - PP	TH4363	Cognitive Psychology	CO1	Understand the core concepts and components of cognitive psychology	Moderate-M	Weak-L	Weak-L	Weak-L	Weak-L	Weak-L	Weak-L	Moderate-M	Weak-L	Weak-L
2					CO2	Describe the approaches of the study of human thinking	Strong-H	Weak-L	Weak-L	Weak-L	Weak-L	Weak-L	Weak-L	Moderate-M	Weak-L	Weak-L

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2					CO3	Assess the issues and concerns that arise about how people think	Moderate-M	Moderate-M	Moderate-M	Weak-L	Moderate-M	Moderate-M	Moderate-M	Strong-H	Weak-L	Moderate-M
2					CO4	Applying Basic Concepts of Cognitive psychology to Mental Health casework or academic writing	Moderate-M	Strong-H	Strong-H	Moderate-M	Moderate-M	Moderate-M	Strong-H	Strong-H	Weak-L	Strong-H
3	SEM I	0401230103 - PP	TH4381	Developmental Psychology	CO1	Students will be able to explain key concepts and critically appraise different perspectives in human growth and development.	Moderate-M	Moderate-M	Weak-L	Weak-L	Weak-L	Strong-H	Moderate-M	Weak-L	Weak-L	Weak-L
3					CO2	Students will be able to examine various theories and stages in understanding the domains of human development.	Strong-H	Strong-H	Moderate-M	Weak-L	Weak-L	Strong-H	Strong-H	Moderate-M	Moderate-M	Moderate-M
3					CO3	Students will be able to utilize multiple approaches in describing the periods of human development.	Weak-L	Moderate-M	Moderate-M	Weak-L	Weak-L	Strong-H	Strong-H	Moderate-M	Moderate-M	Moderate-M
4	SEM I	0401230104 - PP	TH4361	Biological Determinants of Mental Health	CO1	Explain the structural and functional correlates of nervous system in mental health.	Moderate-M	Weak-L	Moderate-M	Weak-L	Weak-L	Moderate-M	Weak-L	Moderate-M	Weak-L	Moderate-M
4					CO2	Describe the interplay between different hormonal systems and nervous system.	Moderate-M	Weak-L	Weak-L	Weak-L	Weak-L	Moderate-M	Weak-L	Moderate-M	Weak-L	Moderate-M
4					CO3	Understand patterns of genetic inheritance and associated syndromes with mental health implications.	Moderate-M	Weak-L	Moderate-M	Moderate-M	Weak-L	Moderate-M	Weak-L	Moderate-M	Weak-L	Strong-H
4					CO4	Discuss sleep physiology and the role of circadian rhythm in health.	Moderate-M	Moderate-M	Moderate-M	Moderate-M	Weak-L	Moderate-M	Moderate-M	Strong-H	Weak-L	Moderate-M
5	SEM I	0401230105 - PP	TH4366	Core Concepts of Mental Health	CO1	Describe the concept of mental health and its evolution	Strong-H	Moderate-M	Moderate-M	Weak-L	Weak-L	Moderate-M	Weak-L	Moderate-M	Weak-L	Weak-L
5					CO2	Analyze the stress continuum and explain the mind body connection	Strong-H	Strong-H	Moderate-M	Moderate-M	Weak-L	Moderate-M	Strong-H	Moderate-M	Moderate-M	Moderate-M

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5					CO3	Determine the bio-psycho-socio-cultural attributes of mental health	Strong-H	Strong-H	Moderate-M	Moderate-M	Weak-L	Moderate-M	Strong-H	Moderate-M	Moderate-M	Moderate-M
5					CO4	Differentiate the different specialities and the roles of mental health professionals	Moderate-M	Strong-H	Weak-L	Strong-H	Strong-H	Weak-L	Weak-L	Moderate-M	Weak-L	Weak-L
6	SEM I	0401230106 - PP	TH4374	Positive Psychology	CO1	Define positive psychology and its historical origins	Moderate-M	Weak-L	Weak-L	Weak-L	Weak-L	Weak-L	Weak-L	Weak-L	Strong-H	Weak-L
6					CO2	Identify the different approaches to positive psychology across cultural contexts	Moderate-M	Weak-L	Moderate-M	Moderate-M	Weak-L	Moderate-M	Moderate-M	Moderate-M	Strong-H	Moderate-M
6					CO3	Understand the multiple facets and components of positive psychology	Moderate-M	Moderate-M	Moderate-M	Moderate-M	Moderate-M	Moderate-M	Strong-H	Strong-H	Strong-H	Moderate-M
6					CO4	Identify the applications for positive psychology in different areas of life	Moderate-M	Weak-L	Moderate-M	Moderate-M	Moderate-M	Strong-H	Strong-H	Strong-H	Strong-H	Strong-H
6					CO5	Discuss current and future trends in positive psychology through research	Moderate-M	Weak-L	Weak-L	Weak-L	Weak-L	Strong-H	Strong-H	Strong-H	Strong-H	Weak-L
7	SEM I	0401230108 - PP	TH4220	Foundation of Sport and Exercise Psychology	CO1	To demonstrate an understanding of the role of psychology in sports	Moderate-M	Strong-H	Strong-H	Weak-L	Weak-L	Moderate-M	Weak-L	Moderate-M	Moderate-M	Weak-L
7					CO2	To understand the influence of psychological factors in sport	Moderate-M	Moderate-M	Moderate-M	Weak-L	Moderate-M	Moderate-M	Moderate-M	Strong-H	Moderate-M	Moderate-M
7					CO3	To understand the influences of participation in sport and exercise on the psychological development of an individual	Moderate-M	Moderate-M	Moderate-M	Weak-L	Moderate-M	Moderate-M	Moderate-M	Strong-H	Strong-H	Moderate-M
7					CO4	To determine the basic Psychological needs of individual and Team Sports	Moderate-M	Moderate-M	Moderate-M	Moderate-M	Weak-L	Strong-H	Moderate-M	Moderate-M	Strong-H	Moderate-M
8	SEM I	0401230109 - PP	T4746	Lifestyle Disease Management	CO1	To evaluate different nutritional problems prevalent in the community and ways to recommend strategies	Moderate-M	Weak-L	Weak-L	Moderate-M	Weak-L	Moderate-M	Weak-L	Moderate-M	Weak-L	Weak-L

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8					CO2	To enable the students to understand the role of nutrition in the lifestyle and behavioral management of various disorders	Strong-H	Moderate-M	Moderate-M	Moderate-M	Weak-L	Moderate-M	Weak-L	Strong-H	Weak-L	Weak-L
8					CO3	To describe and analyze the factors that play a role in the shift to population health management and leverage points in the system for intervention	Moderate-M	Weak-L	Weak-L	Moderate-M	Weak-L	Moderate-M	Weak-L	Moderate-M	Weak-L	Weak-L
9	SEM I	0401230110 - PP	T2701	Social Entrepreneurship	CO1	Define and explain the role of entrepreneurs in social enterprises	Weak-L	Weak-L	Moderate-M	Moderate-M	Moderate-M	Moderate-M	Weak-L	Weak-L	Moderate-M	Weak-L
9					CO2	To understand the role and importance of a Sociopreneur	Weak-L	Weak-L	Moderate-M	Moderate-M	Moderate-M	Weak-L	Moderate-M	Moderate-M	Moderate-M	Moderate-M
9					CO3	Choose and apply the various models of social enterprises.	Weak-L	Weak-L	Moderate-M	Moderate-M	Strong-H	Weak-L	Moderate-M	Moderate-M	Strong-H	Moderate-M
10	SEM II	0401230201 - PP	TH4371	History Taking in Mental Health	CO1	Students will be able to utilize skills to elicit case history from clients with mental health issues	Strong-H	Weak-L	Strong-H	Moderate-M	Moderate-M	Strong-H	Strong-H	Strong-H	Strong-H	Moderate-M
10					CO2	Students will be able to utilize skills to elicit mental status examination from clients with mental health issues	Strong-H	Weak-L	Strong-H	Weak-L	Moderate-M	Moderate-M	Strong-H	Strong-H	Strong-H	Moderate-M
10					CO3	Students will be able to utilize skills to elicit risk assessment status from clients with mental health issues	Strong-H	Weak-L	Strong-H	Weak-L	Moderate-M	Moderate-M	Strong-H	Strong-H	Strong-H	Moderate-M
11	SEM II	0401230202 - PP	TH4376	Psychopathology I	CO1	Student will be able to apply the knowledge of classification systems to categorize mental disorders & mental illness.	Strong-H	Weak-L	Moderate-M	Weak-L	Moderate-M	Strong-H	Strong-H	Strong-H	Moderate-M	Moderate-M
11					CO2	Student will be able to examine individuals with different clinical features and distinguish between anxiety disorder, mood disorder & psychotic disorder.	Moderate-M	Weak-L	Weak-L	Weak-L	Weak-L	Weak-L	Weak-L	Moderate-M	Weak-L	Weak-L

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11					CO3	Student will be able to judge the severity of symptoms & signs of anxiety disorder, mood disorder and psychotic disorder.	Strong-H	Weak-L	Weak-L	Weak-L	Weak-L	Weak-L	Weak-L	Moderate-M	Weak-L	Weak-L
11					CO4	Student will be able to discern which mental health professionals need to be involved in management plan of anxiety disorder, mood disorder & psychotic disorder.	Moderate-M	Moderate-M	Moderate-M	Weak-L	Moderate-M	Moderate-M	Moderate-M	Strong-H	Weak-L	Moderate-M
12	SEM II	0401230203 - PP	T2733	Research Methodology I	CO1	Students will be able to demonstrate and recognize the basic concepts of research methods.	Moderate-M	Moderate-M	Moderate-M	Weak-L	Moderate-M	Strong-H	Moderate-M	Moderate-M	Weak-L	Moderate-M
12					CO2	Students will be able to demonstrate an understanding of research ethics.	Moderate-M	Moderate-M	Moderate-M	Moderate-M	Strong-H	Strong-H	Strong-H	Strong-H	Weak-L	Moderate-M
12					CO3	Students will be able to identify different sources of information and therefore review appropriate literature.	Weak-L	Weak-L	Moderate-M	Weak-L	Moderate-M	Strong-H	Strong-H	Strong-H	Weak-L	Moderate-M
12					CO4	Students will be able to demonstrate knowledge about research design and sampling.	Weak-L	Weak-L	Moderate-M	Weak-L	Weak-L	Strong-H	Weak-L	Weak-L	Weak-L	Weak-L
12					CO5	Students will be able to demonstrate an ability to write a research proposal that progresses into a research study.	Weak-L	Weak-L	Moderate-M	Weak-L	Moderate-M	Strong-H	Moderate-M	Weak-L	Weak-L	Weak-L
13	SEM II	0401230204 - PP	TH4379	Substance and Behavioural Addictions	CO1	Students should be able to use correct terminology	Moderate-M	Weak-L	Weak-L	Weak-L	Weak-L	Moderate-M	Weak-L	Moderate-M	Weak-L	Moderate-M
13					CO2	Student should be able to describe the theories of substance and behavioural addictions	Moderate-M	Weak-L	Moderate-M	Moderate-M	Weak-L	Moderate-M	Weak-L	Moderate-M	Weak-L	Strong-H
13					CO3	Students should be able to Identify the physical, psychological and social effects of addiction.	Moderate-M	Moderate-M	Moderate-M	Moderate-M	Weak-L	Moderate-M	Moderate-M	Strong-H	Weak-L	Moderate-M

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